

Meet Your New North Texas Neighbors: CARMEL OF JESUS CRUCIFIED

A Newly Formed Discalced Carmelite Monastery

Since December 2025, nine women have made their home in the hilly, rolling plains of Munster, northwest Cooke County — and they have been in continual prayer for us ever since.

How did these faithful women end up in Texas?

Primarily from the Our Lady of Divine Providence monastery in Lake Elmo, Minnesota, this group was called to establish new roots once the monastery reached capacity. Discernment and prayer led them to North Texas — where their prioress, Mother Marie of the Incarnation, O.C.D., was raised.

In late 2025, thanks to Bishop Olson's advocacy and the generosity of a local family, Munster, Texas became home.

What is the mission of Discalced Carmelites?

Founded in 16th-century Spain by St. Teresa of Ávila and St. John of the Cross, the Discalced Carmelites are called to a completely contemplative life: prayer, silence, sacrifice, and union with God.

"Discalced"

- from the Latin for 'without shoes'
- refers to the sandals worn as a sign of simplicity and poverty.



How is a new monastery established?

The Holy See, through the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life, granted permission for the establishment in November 2025.

The monastery is affiliated with the "Christ the King" Association of Discalced Carmelite Monasteries in the United States. Although, currently residing in temporary manufactured housing, the nuns entrust the need of a permanent monastery to God.

Why a cloistered, enclosed vocation?

The Sisters live fully cloistered, apart from the secular world — a personal sacrifice freely made for love of God and neighbor. Far from being removed, their vocation is to enter the world more deeply: interceding for priests, the faithful, souls in purgatory, and those who cannot pray for themselves.

"Their hidden prayer is a gift that blesses the entire diocese and the universal Church."

What are the immediate needs of the Carmel?

The Sisters fully entrust their lives to God and rely entirely on God's providence. Weekly groceries, bulk provisions, and essentials remain critical as the community establishes itself.

They eat simply — grains, fruits, vegetables, dairy, and fish — and are working toward growing their own food and keeping livestock in the future. God provides in entirety, including providing good stewards to help answer God's call in their lives.

What are the permanent monastery needs?

Initial plans are underway for a permanent site for the monastery on the 40 acres of donated land near the temporary enclosure. The nuns currently reside in a manufactured home transformed to accommodate 8 cells.

The nuns will reside at the current site as long as necessary for the permanent monastery to be funded and built. Your support will help establish a lasting home for contemplative life in North Texas.

IF YOU FEEL CALLED TO SUPPORT THEIR MISSION OF HIDDEN PRAYER AND SACRIFICE, THERE ARE WAYS TO HELP

PRAYER

The Sisters desire that Jesus be the bedrock of their foundation. The first gift from you upon which they rely is your own prayer and sacrifice for them.

Offer a daily prayer for the Sisters and their mission of intercession for our Diocese.

In Christ, we support one another.

SEND INTENTIONS

The Sisters warmly welcome prayer intentions from the faithful.

Mail your prayer requests to:

Carmel of Jesus Crucified

P.O. Box 308
Munster, TX 76252

FINANCIAL GIFT

Financial gifts of any amount—whether one-time or ongoing—are a blessing. Please prayerfully consider your support of our monastery building project, health insurance obligations, Chaplain support, and sustenance.

- \$96 provides one week of healthcare coverage for a sister
- \$250 provides one month supply of bulk food provisions for the monastery
- \$2,800 provides a month of Chaplain services for the monastery

Checks can be mailed to:

Carmel of Jesus Crucified

Mother Marie of the Incarnation, OCD

P.O. Box 308
Munster, TX 76252

Electronic Contributions:

